

| Race No. | First Name | Surname | Club | Classification | Age category | Position Overall | Gender Position Overall | Gender/ Age category Rank | Finish Time |
|----------|------------|--------------|----------------------|----------------|--------------|------------------|-------------------------|---------------------------|-------------|
| 89 | Chris | Dodd | Eastbourne Rovers AC | MALE SEN | 20-29 | 1 | 1 | 1 | 34'08 |
| 1 | Gary | Judges | Hailsham Harriers | MALE VET | 40-49 | 2 | 2 | 1 | 36'18 |
| 14 | David | Ayling | Hailsham Harriers | MALE SEN | 30-39 | 3 | 3 | 1 | 37'01 |
| 175 | Joshua | Varney | | MALE SEN | 20-29 | 4 | 4 | 2 | 37'41 |
| 59 | Ross | Brocklehurst | Run Wednesdays | MALE SEN | 30-39 | 5 | 5 | 2 | 38'29 |
| 161 | Dale | Anderton | Meads Runners | MALE VET | 40-49 | 6 | 6 | 2 | 38'45 |
| 134 | Jamie | Grenfell | Hailsham Harriers | MALE SEN | 30-39 | 7 | 7 | 3 | 38'52 |
| 34 | Gary | Pibworth | Meads Runners | MALE SEN | 30-39 | 8 | 8 | 4 | 38'59 |
| 74 | Adrian | Elliott | Executive Insurance | MALE SEN | 30-39 | 9 | 9 | 5 | 39'17 |
| 114 | Tobias | Baker | Lewes AC | Male Junior | 19 & under | 10 | 10 | 1 | 39'18 |
| 165 | Tom | Clewley | Hailsham Harriers | MALE SEN | 20-29 | 11 | 11 | 3 | 39'20 |
| 113 | Jasper | Baker | Lewes AC | MALE SEN | 19 & under | 12 | 12 | 2 | 39'52 |
| 12 | Thomas | Key | | MALE SEN | 20-29 | 13 | 13 | 4 | 39'57 |
| 116 | Peter | Watson | Run Wednesdays | MALE SEN | 30-39 | 14 | 14 | 6 | 40'15 |
| 96 | Graham | Purdye | Hailsham Harriers | MALE VET | 50-59 | 15 | 15 | 1 | 40'28 |
| 117 | Yvette | Grice | Bodyworks XTC | FEMALE SEN | 30-39 | 16 | 1 | 1 | 40'37 |
| 192 | Jake | Nixon | Bodyworks XTC | MALE JUNIOR | 19 & Under | 17 | 16 | 3 | 41'03 |
| 101 | Steven | Thomson | Team Tempo | MALE SEN | 30-39 | 18 | 17 | 7 | 41'11 |
| 133 | Yacine | Leghmara | Free Gaza | MALE SEN | 30-39 | 19 | 18 | 8 | 41'12 |
| 33 | Simon | Vieweg | Bodyworks XTC | MALE VET | 40-49 | 20 | 19 | 3 | 41'31 |
| 115 | Stuart | Baker | | MALE VET | 40-49 | 21 | 20 | 4 | 41'45 |
| 43 | Giles | Bowmer | Hailsham Harriers | MALE SEN | 30-39 | 22 | 21 | 9 | 42'05 |
| 108 | Nicholas | Dry | | MALE SEN | 19 & under | 23 | 22 | 4 | 42'18 |
| 107 | Gareth | Taplin | Run Wednesdays | MALE VET | 40-49 | 24 | 23 | 5 | 42'21 |
| 102 | Ben | Boyle | | MALE SEN | 30-39 | 25 | 24 | 10 | 42'22 |

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| 79 | Leonardo | Morabito | | MALE SEN | 20-29 | 26 | 25 | 5 | 42'27 |
| 22 | Anna | Kwiatkowska | Hastings Runners | FEMALE SEN | 20-29 | 27 | 2 | 1 | 42'36 |
| 37 | Jonni | Andrews | Run Wednesdays | MALE VET | 50-59 | 28 | 26 | 2 | 42'42 |
| 41 | Ian | Weston | Polegate Plodders | MALE VET | 50-59 | 29 | 27 | 3 | 42'59 |
| 191 | Iria | Trabazo | | FEMALE SEN | 20-29 | 30 | 3 | 2 | 43'00 |
| 148 | Marcus | Turner | Running Holland | MALE VET | 40-49 | 31 | 28 | 6 | 43'03 |
| 185 | Chris | Roberts | Bodyworks XTC | MALE VET | 40-49 | 32 | 29 | 7 | 43'11 |
| 170 | Katie | Love | Run Wednesdays | FEMALE SEN | 20-29 | 33 | 4 | 3 | 43'28 |
| 55 | Russell | Levell | Team Tempo | MALE VET | 40-49 | 34 | 30 | 8 | 43'52 |
| 146 | Keith | Axell | | MALE SEN | 30-39 | 35 | 31 | 11 | 44'05 |
| 193 | Justin | Rivett | Meads Runners | MALE VET | 50-59 | 36 | 32 | 4 | 44'17 |
| 6 | Fabien | Peulvast | | MALE VET | 40-49 | 37 | 33 | 9 | 44'35 |
| 16 | Lee | Dunstall | Run Wednesdays | MALE SEN | 30-39 | 38 | 34 | 12 | 44'38 |
| 32 | Neil | Davidson | Eastbourne Rovers AC | MALE VET | 40-49 | 39 | 35 | 10 | 44'42 |
| 13 | Kevin | Key | | MALE VET | 50-59 | 40 | 36 | 5 | 44'48 |
| 24 | Louise | Renforth | Eastbourne Rovers AC | FEMALE SEN | 30-39 | 41 | 5 | 2 | 44'49 |
| 184 | Ian | Turnbull | Hailsham Harriers | MALE VET | 40-49 | 42 | 37 | 11 | 45'02 |
| 186 | Nick | Easterbrook | | Male vet | 50-59 | 43 | 38 | 6 | 45'06 |
| 76 | Simon | Jones | | MALE VET | 40-49 | 44 | 39 | 12 | 45'19 |
| 85 | Anne | Bryson | | FEMALE VET | 40-49 | 45 | 6 | 1 | 45'22 |
| 46 | Phil | Wood | Run Wednesdays | MALE VET | 40-49 | 46 | 40 | 13 | 45'40 |
| 26 | Philip | Long | Polegate Plodders | MALE VET | 40-49 | 47 | 41 | 14 | 45'53 |
| 160 | Andy | Knight | Hastings Runners | MALE VET | 50-59 | 48 | 42 | 7 | 46'11 |
| 98 | Vicky | Burford | Hailsham Harriers | FEMALE VET | 40-49 | 49 | 7 | 2 | 46'17 |
| 56 | Rob | Crouch | Hailsham Harriers | MALE VET | 50-59 | 50 | 43 | 8 | 46'27 |
| 51 | Mark | Williams | | MALE SEN | 40-49 | 51 | 44 | 15 | 46'29 |
| 112 | Lorna | Watts | | FEMALE SEN | 30-39 | 52 | 8 | 3 | 46'43 |
| 178 | Rikki | Timbrell | | MALE SEN | 30-39 | 53 | 45 | 13 | 46'48 |

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| 86 | Oliver | Checkley | | MALE SEN | 30-39 | 54 | 46 | 14 | 46'56 |
| 128 | Mark | Smith | | MALE VET | 50-59 | 55 | 47 | 9 | 47'03 |
| 82 | Hannah | Edleston | | FEMALE SEN | 30-39 | 56 | 9 | 4 | 47'06 |
| 136 | Matthew | Dargan | | MALE VET | 40-49 | 57 | 48 | 16 | 47'08 |
| 162 | Stuart | Randall | Eastbourne Rovers AC | MALE SEN | 20-29 | 58 | 49 | 6 | 47'10 |
| 111 | Robin | Sinden | | MALE VET | 50-59 | 59 | 50 | 10 | 47'12 |
| 124 | Neal | Robinson | Hailsham Harriers | MALE VET | 40-49 | 60 | 51 | 17 | 47'20 |
| 80 | Neil | Smith | | MALE VET | 40-49 | 61 | 52 | 18 | 47'25 |
| 19 | Craig | Shingfield | Eastbourne Rovers AC | MALE VET | 40-49 | 62 | 53 | 19 | 47'43 |
| 36 | Freddie | Andrews | Run Wednesdays | Male Junior | 19 & under | 63 | 54 | 5 | 47'55 |
| 143 | Tina | Macenhill | Hailsham Harriers | FEMALE VET | 40-49 | 64 | 10 | 3 | 48'10 |
| 183 | Johanna | Bordas | Meads Runners | FEMALE VET | 40-49 | 65 | 11 | 4 | 48'37 |
| 196 | Mark | Poulton | | MALE SEN | 30-39 | 66 | 55 | 15 | 48'47 |
| 156 | Liz | Morris | | FEMALE VET | 50-59 | 67 | 12 | 1 | 48'49 |
| 153 | Bill | Potter | | MALE VET | 40-49 | 68 | 56 | 20 | 48'51 |
| 157 | James | Cooper | | MALE VET | 40-49 | 69 | 57 | 21 | 49'27 |
| 137 | Liz | Price | | FEMALE SEN | 30-39 | 70 | 13 | 5 | 49'38 |
| 174 | Manny | Pinon | Ampito | MALE VET | 40-49 | 71 | 58 | 22 | 49'45 |
| 2 | Michael | Storey | | MALE VET | 50-59 | 72 | 59 | 11 | 50'11 |
| 176 | Hana | Kolarova | Tuba Freiberg | FEMALE SEN | 20-29 | 73 | 14 | 4 | 50'12 |
| 54 | Marianne | Galea | | FEMALE SEN | 30-39 | 74 | 15 | 6 | 50'18 |
| 151 | Michael | Andrews | | MALE VET | 40-49 | 75 | 60 | 23 | 50'18 |
| 50 | Ian | Davis | Pacer | MALE VET | 40-49 | 76 | 61 | 24 | 50'19 |
| 23 | Suzi | Frost | Hastings AC | FEMALE VET | 40-49 | 77 | 16 | 5 | 50'31 |
| 100 | Caroline | Bell | | FEMALE VET | 40-49 | 78 | 17 | 6 | 50'37 |
| 120 | Toby | Poppitt-Jones | Little Run Wednesdays | Male Junior | 19 & under | 79 | 62 | 6 | 50'39 |
| 75 | Martin | Davies | Executive Insurance | Male Sen | 30-39 | 80 | 63 | 16 | 50'51 |
| 62 | Caz | Evans | | FEMALE SEN | 30-39 | 81 | 18 | 7 | 50'58 |

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| 20 | Marco | Fortmann | Eastbourne Rovers AC | MALE VET | 50-59 | 82 | 64 | 12 | 51'02 |
| 181 | Jack | Erridge | | MALE SEN | 20-29 | 83 | 65 | 7 | 51'31 |
| 150 | Ollie | Goulden | Made2fit | MALE SEN | 20-29 | 84 | 66 | 8 | 51'49 |
| 90 | Gary | Hammond | | MALE SEN | 30-39 | 85 | 67 | 17 | 51'59 |
| 182 | Tracy | Erridge | Hailsham Harriers | FEMALE VET | 40-49 | 86 | 19 | 7 | 52'02 |
| 5 | Sarah | Smith | | FEMALE VET | 50-59 | 87 | 20 | 2 | 52'21 |
| 35 | Fenella | Maloney | Run Wednesdays | FEMALE VET | 40-49 | 88 | 21 | 8 | 52'23 |
| 129 | Gill | Rae | | FEMALE SEN | 30-39 | 89 | 22 | 8 | 52'28 |
| 198 | Catherine | Brewer | Hailsham Harriers | FEMALE VET | 50-59 | 90 | 23 | 3 | 52'44 |
| 140 | Mik | Stiller | | MALE VET | 50-59 | 91 | 68 | 13 | 52'44 |
| 173 | Louise | Ryan | Zulu Runners | FEMALE SEN | 19 & under | 92 | 24 | 1 | 52'54 |
| 163 | Gemma | Williams | | Female vet | 50-59 | 93 | 25 | 4 | 53'06 |
| 3 | Polly | Lambert | | FEMALE VET | 40-49 | 94 | 26 | 9 | 53'10 |
| 31 | James | Graham | BRT | MALE VET | 40-49 | 95 | 69 | 25 | 53'25 |
| 152 | Helen | Cross | | FEMALE VET | 50-59 | 96 | 27 | 5 | 53'30 |
| 168 | Katy | Reed | Bodyshock Fitness | FEMALE SEN | 30-39 | 97 | 28 | 9 | 54'01 |
| 142 | Lorraine | Duffy | | FEMALE VET | 50-59 | 98 | 29 | 6 | 54'44 |
| 171 | Tony | Richardson | Hastings Runners | MALE VET | 50-59 | 99 | 70 | 14 | 55'28 |
| 11 | Andy | Croft | BRT | MALE VET | 40-49 | 100 | 71 | 26 | 55'35 |
| 7 | Cathy | Bate | BRT | FEMALE VET | 50-59 | 101 | 30 | 7 | 55'39 |
| 4 | Pam | Matthews | BRT | FEMALE VET | 40-49 | 102 | 31 | 10 | 55'45 |
| 195 | Belinda | Cramp | Eastbourne Rovers AC | FEMALE VET | 40-49 | 103 | 32 | 11 | 55'55 |
| 194 | Juliet | Bradley | Run Wednesdays | FEMALE VET | 40-49 | 104 | 33 | 12 | 55'59 |
| 159 | Mark | Tickner | | MALE SEN | 20-29 | 105 | 72 | 9 | 56'24 |
| 73 | Mark | Pope | Executive Insurance | MALE SEN | 20-29 | 106 | 73 | 10 | 56'32 |
| 72 | Jake | Cleveland | Executive Insurance | MALE SEN | 20-29 | 107 | 74 | 11 | 56'34 |
| 135 | Faye | Dargan | | FEMALE SEN | 30-39 | 108 | 34 | 10 | 56'52 |
| 127 | Joanne | Smith | | FEMALE VET | 40-49 | 109 | 35 | 13 | 57'17 |

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| 147 | Natasha | Slow | Hastings Runners | FEMALE VET | 40-49 | 110 | 36 | 14 | 57'33 |
| 94 | Pat | Mechen | Team Tempo | MALE VET | 60-69 | 111 | 75 | 1 | 57'41 |
| 154 | Sarah | Whiting | | FEMALE VET | 40-49 | 112 | 37 | 15 | 57'57 |
| 177 | Esther | Mason | | FEMALE SEN | 19 & under | 113 | 38 | 2 | 58'07 |
| 84 | Dani | Henderson | Made2fit | FEMALE SEN | 20-29 | 114 | 39 | 5 | 58'11 |
| 42 | Sally | Weston | Polegate Plodders | FEMALE VET | 50-59 | 115 | 40 | 8 | 58'22 |
| 27 | Riyaz | Khusal | | MALE VET | 40-49 | 116 | 76 | 27 | 59'25 |
| 68 | Mark | Richardson | | MALE SEN | 30-39 | 117 | 77 | 18 | 60'10 |
| 158 | Helen | Tickner | Hailsham Harriers | FEMALE VET | 40-49 | 118 | 41 | 16 | 60'16 |
| 119 | Kieran | Watson | Little Run Wednesdays | Male Junior | 19 & under | 119 | 78 | 7 | 60'40 |
| 121 | Helen | Poppitt-Jones | Run Wednesdays | FEMALE SEN | 30-39 | 120 | 42 | 11 | 60'40 |
| 118 | Den | Watson | Run Wednesdays | FEMALE SEN | 30-39 | 121 | 43 | 12 | 60'43 |
| 45 | Julie | Peacock | Run Wednesdays | FEMALE VET | 40-49 | 122 | 44 | 17 | 60'48 |
| 67 | Jessica | Whitewood | Eastbourne Rovers AC | FEMALE SEN | 20-29 | 123 | 45 | 6 | 60'50 |
| 70 | Lorna | Cheesewright | Executive Insurance | FEMALE SEN | 30-39 | 124 | 46 | 13 | 60'55 |
| 105 | Drew | Smith | | MALE SEN | 20-29 | 125 | 79 | 12 | 61'01 |
| 106 | Marika | Smith | | FEMALE SEN | 20-29 | 126 | 47 | 7 | 61'02 |
| 87 | Matthew | Pennells | | MALE VET | 40-49 | 127 | 80 | 28 | 61'08 |
| 88 | Chris | Shaw | | MALE SEN | 30-39 | 128 | 81 | 19 | 61'09 |
| 188 | Kathleen | Briedenhann | | FEMALE SEN | 30-39 | 129 | 48 | 14 | 61'15 |
| 125 | Wendy | Quinn | Hailsham Harriers | FEMALE VET | 40-49 | 130 | 49 | 18 | 61'25 |
| 126 | Sophie | Campbell | | FEMALE SEN | 30-39 | 131 | 50 | 15 | 61'26 |
| 93 | Ben | Hedley | | MALE SEN | 30-39 | 132 | 82 | 20 | 61'42 |
| 166 | Hannah | Mullane | Hailsham Harriers | FEMALE SEN | 30-39 | 133 | 51 | 16 | 61'45 |
| 167 | Catherine | Mullane | Eastbourne Rovers AC | FEMALE SEN | 30-39 | 134 | 52 | 17 | 61'45 |
| 71 | Sharon | Davies | Executive Insurance | FEMALE VET | 40-49 | 135 | 53 | 19 | 61'53 |
| 145 | Saskia | Jupp | | FEMALE SEN | 30-39 | 136 | 54 | 18 | 62'09 |
| 38 | Ashlea | Dyson | Team Firefly | FEMALE SEN | 20-29 | 137 | 55 | 8 | 63'07 |

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| 155 | Anabelle | Randle | Eastbourne Rovers AC | FEMALE SEN | 30-39 | 138 | 56 | 19 | 63'23 |
| 39 | Bruce | Hockin | | MALE VET | 40-49 | 139 | 83 | 29 | 63'45 |
| 123 | Alexandra | Mulvey | Run Wednesdays | FEMALE SEN | 30-39 | 140 | 57 | 20 | 63'49 |
| 122 | Philip | Mulvey | Run Wednesdays | MALE SEN | 30-39 | 141 | 84 | 21 | 63'50 |
| 17 | Anne | Flude | Train Strong | FEMALE SEN | 30-39 | 142 | 58 | 21 | 63'55 |
| 103 | Anne | Lozac'h | | FEMALE VET | 40-49 | 143 | 59 | 20 | 64'15 |
| 104 | Pascale | Lozac'h | | FEMALE VET | 40-49 | 144 | 60 | 21 | 64'15 |
| 149 | Frederic | Laloux | | MALE SEN | 30-39 | 145 | 85 | 22 | 64'16 |
| 164 | Sandy | Butler | | FEMALE VET | 50-59 | 146 | 61 | 9 | 64'53 |
| 40 | Matt | Andrews | | MALE VET | 40-49 | 147 | 86 | 30 | 65'00 |
| 169 | Pam | Browne | Run Wednesdays | FEMALE VET | 50-59 | 148 | 62 | 10 | 65'53 |
| 197 | James | Austin | | MALE SEN | 30-39 | 149 | 87 | 23 | 65'54 |
| 189 | Lucia | Singh | | FEMALE SEN | 30-39 | 150 | 63 | 22 | 66'29 |
| 48 | Charity | Revell | | FEMALE VET | 40-49 | 151 | 64 | 22 | 68'20 |
| 47 | James | Revell | | MALE SEN | 30-39 | 152 | 88 | 24 | 68'20 |
| 44 | Veronique | Lain | | FEMALE VET | 40-49 | 153 | 65 | 23 | 72'47 |
| 52 | Katie | Marsh | | FEMALE SEN | 30-39 | 154 | 66 | 23 | 72'47 |
| 49 | Shannon | Murphy | | FEMALE SEN | 30-39 | 155 | 67 | 24 | 72'51 |
| 53 | Liz | Joiner | | FEMALE VET | 40-49 | 156 | 68 | 24 | 72'52 |
| 141 | Michelle | Thomas | Hailsham Harriers | FEMALE VET | 40-49 | 157 | 69 | 25 | 73'45 |
| 91 | Victoria | Howarth | | FEMALE SEN | 30-39 | 158 | 70 | 25 | 75'04 |
| 92 | Emily | Hedley | | FEMALE SEN | 20-29 | 159 | 71 | 9 | 76'32 |
| 25 | Becky | Fletcher | | FEMALE SEN | 20-29 | 160 | 72 | 10 | 76'33 |
| 66 | Karen | Webb | | FEMALE VET | 40-49 | 161 | 73 | 26 | 76'49 |
| 65 | Andy | Webb | | MALE VET | 40-49 | 162 | 89 | 31 | 76'50 |
| | Eleanor | Ruffels | Sweeper | FEMALE VET | 40-49 | 163 | 74 | 27 | 78'18 |
| 81 | Kallum | Cornwell | (1 lap completed) | MALE SEN | 20-29 | 164 | 90 | 13 | 39'07 |